## **VeganE DISHES AND THEIR ALLERGEN CONTENT**



All items and ingredients are Vegan and Homemade.

Can be served many Gluten free options with extra  $\pounds 2.00$ 

	The Fourth Apple!		<b>N</b>		- Correction Correction	MUSTARD				iigin Pour	No Onion No Garlic
NO	DISHES	Celery	gluten	Sesame seeds	Soya	Mustard	Nuts	Peanuts	Sulphur Dioxide	Lupine	No Onion No Garlic
	All chesses										Χ
	Homemade Mayo				X	X			X		Χ
	All mayo base Sauces				X	X			X		X
1	Seasonal Soup				X/C						
2	Fish Tacos		X/C		Χ						Χ
3	Homemade Hummus		X/C	Χ	X/C						Χ
4	Avocado Hummus		X/C	X	X/C						Χ
5	BBQ Jackfruit wrap		X/C	X/C	X/C				Χ		Χ
6	Samosa		Χ		Χ						
7	Chicken strips		Χ		X/C						
8	Mac & cheese		X/C		X/C						X
9	Cheesy Garlic Bread		X/C								
10	Falafel		X/C								
11	Aubergine Dip		X/C								
13	Spaghetti Bolognese		X/C		X/C						Χ
14	Penne Alfredo		X/C		X/C						Χ
15	Homemade Lasagne		X/C		Χ						
16	Vegetables fry noodle		X/C	X/C	X/C				X/C		X
17	Steak and Chips		Χ						Χ		
18	Fish and Chips		X/C		X				X		X
19	Sausages and Chips		X/C								
20	Parmigiana				X/C						X
21	Okra stew		Χ		Χ						
22	Dal stew		X		X						
23	Stuffed pepper										
24	Jerk sweet potato & Black bean curry										